



# Code of Conduct For Parents & Guardians

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**North East Ju-Jitsu Kobudo Association**

## Code of Conduct & Good Practice for Parents/Guardians

The North East Ju-Jitsu Kobudo Association is committed to providing a safe welcoming environment for the practice & learning of Martial Arts within all Classes throughout The Association for children & young people. Embracing good coaching practice & safeguarding practice ensuring we promote equity, we do not discriminate, we promote inclusion to all, allowing all children & young people access to our martial art to achieve their potential.

Martial Arts practice like many activities provides an excellent pathway for children & young people to learn new skills, become more confident & maximise their own potential. Through participation in our Classes, they will learn & develop life skills, have fun & enjoyment, make new friends, achieve, in time become positive role models all which will positively enhance their personal growth throughout their lives.

Parents/Guardians, Coaches, Classes, Associations & Governing Bodies all have an important role to play in promoting good practice as well as safety & enjoyment for children within their martial arts participation.

### Guide for Parents/Guardians

**Note:** Where we refer to parent, we mean parents & guardians inclusively. The term children or child describes any person under the age of 18yrs.

Parents play an important role in promoting their children's happiness & success within their child's martial arts participation.

Parent's expectations & behaviour can have a significant bearing on children's attitude and behaviour while participating in martial arts.

Parents need to be aware of why their children want to participate in martial arts, to achieve, to learn, to make new friends, become part of a group activity, to become more confident, to protect themselves, to become a Black Belt.

Parents should always encourage their children to participate but never force a child to take part & focus on their child's efforts & enjoyment giving them your support and positive feedback after each class that they attend.

## Parents Conduct

- Always respect the rights, dignity & worth of all parents, students, Coaches & all others involved in the Class, do not discriminate & treat everyone equally.
- Always be respectful with your attitude & behaviour during the class to all class members.
- Refrain from using foul or abusive language while present at Class or other Association activities.
- Never smoke, consume alcohol, or take drugs in attendance at a class or any other event.
- Always show best behaviour, this way we can all work together to provide a safe learning environment free from bullying, harassment, inappropriate behaviour & discrimination.
- Use social media responsibility when commenting about what happens within the class or adding comments to posts from the class.
- Talk to your Class Coach if you have any concerns or issues, if your child is experiencing difficulties during their session, we are here to listen & support and will always do our best to address any issues raised.
- Support your child's involvement & help them enjoy their martial art. Never berate, humiliate, or punish a child for making a mistake or underperforming during their practice, at a Grading or competition.
- Do not use mobile phones or any devices to take photos or videos without first asking The Class Coach. This is purely for acting within our safeguarding practice for all participants.
- Challenge inappropriate or discriminatory behaviour & language by others & report it to the Class Coach.
- Report any concerns you that you have about your child or any other child to The NEJKA Regional Association the Welfare Officer.
- Maintain a good relationship with your Class Coach, you always welcome to ask how your child is progressing in the Class & discuss any issues or concerns that you may have.
- Return all the necessary written consent forms for registration/membership, emergency contact form & permission for photography form.
- If you collect your child after class, always ensure that you arrive on time to collect your child. If you are late, your child will remain in the training hall under the supervision of the Coach until you arrive. If you are arranging for someone else to collect your child, please inform the Class Coach.
- Ensure you take time to read your Childs Code of Conduct & Good Practice, so your child is aware of the requirements & guidelines within The Class.

## Class Conduct

- Always ensure that you bring your child in good time before the class starts.
- Introduce yourself & your child to the Club Coach. The Club Coach will welcome you to the class, answer any questions that you may have and ask you to complete an induction form for your child. This will give your child 4 lessons of free insurance cover. After 4 lessons have been completed you & your child will be required to decide whether you wish to enrol your child into the class as a member.
- Ensure your child's clothing is appropriate for class participation, bring a drink for liquid refreshment during class breaks.
- Sweets or food is not permitted during class session unless there is a medical issue such as diabetes which you will need to make the Class Coach aware of.
- You must inform the Coach of any medical conditions, illness, disabilities, or weakness prior to class starting so that the appropriate coaching can be given that does not exacerbate the condition.
- Ensure your child removes all watches, jewellery & ear studs are covered before class commences.
- Ensure your child does not take any unnecessary valuable items to training or events.
- Parents are welcome to spectate & watch their children's participation. It is advisable to be present for your child's first few sessions to ensure that your child is fine. Some children will come off the mat during the class, especially younger children to sit with their parents for short period of time then join the class again, this is normal. the Coach will give the child plenty of encouragement to re-join the group & also time with their parent to gain their self confidence in the class environment.
- Your child will be in the care of the Class Coaches, all Coaches are qualified, insured, registered, trained, have safeguarding training & are all enhanced DBS cleared. They all understand their duty of care to your child and yourself.
- Do not come onto the mat & enter the training areas, due to the safety & welfare of all participants we must ensure a safe training area without any interference to avoid unnecessary accidents.
- If you see something happen such as an accident, bad behaviour or irresponsible practice please inform one of the mat coaches immediately.
- If you must leave before the end of the class or an event, please ensure that you inform the coach.
- If your child sustains an injury, your child will be treated & cared for. A serious injury will be recorded. You will be informed by the coach of any minor injuries during the session & advised if required to seek further medical treatment for a serious injury.
- At times, your child may experience challenges, difficulties & frustration with learning certain aspects of their martial art. Always be supportive, helpful & patient with your child & the Coach. Working together in a positive & constructive manner these challenges will be addressed & overcome to the benefit of all.
- In the event of an emergency evacuation please follow the coaches out of the building to the designated meeting point for a register check. Please do not leave the group until the Coach has been instructed by the centre staff or emergency services that it is safe to do so.
- If your child is subject to bullying or any inappropriate behaviour report this to the Class Coach immediately, this type of behaviour is not acceptable or tolerated in any class & will be addressed immediately through the class procedures.
- Purchase your child's training suits & equipment from your Class to ensure you obtain the correct attire & equipment.

## Parent / Coach Co-Operation

It is important that parents establish contact at the class with the Coaches who are responsible for coaching their child. At times issues or concerns may arise or a parent may require further information regarding their child or forthcoming events then communication between the parent & the Coach is required to address these issues.

- If you need to share any confidential information regarding your child with the Class Coach the Coach will listen discuss this with you & reach an understanding regarding your confidentiality & the welfare of your child so your child can actively participate, be safe & enjoy their class.
- Do not openly criticize a Coach in front of other parents or students, negative comments are counterproductive. If you have genuine grievance or issue, then address it in a calm manner. The Coach is there to listen, support & resolve issues to best of their ability. No Coach wants a child or parent to feel like they are not being listened to.
- Do not use emails or apps such as messenger to resolve issues. Messages can be taken out of context & worsen the issue. If you send a message, the Coach will reply & address your concern or issue at the class face to face so there is a clear understanding to resolving these issues or concerns.
- Refrain from contacting the Coach outside the class unless it is necessary, respect Coaches have a private life.
- Do not criticize or rubbish a Coach in front of your child if your child is struggling with practice or retention of their syllabus. This can damage the student/Coach relationship where the student will blame the Coach for all their shortcomings. The child will take this belief into other activities. Talk to the Coach to see how this can be addressed.
- Talk to us if you have any concerns or issues, if your child is experiencing difficulties during their session, we are here to listen & support & will always do our best to address any issues raised.

### **As a Parent, we understand you have the right to:**

- Be assured that your child is in a safe & welcoming class environment.
- Be assured that all Coaches are qualified & have the required training to implement safeguarding, first aid & good coaching practice & can produce certificates if asked.
- Know that if you have any issues or concerns regarding your child or any other child these issues will be addressed.
- If you see bad practice or have safeguarding concerns regarding any class, you can contact The NEJJKA Welfare Officer.
- If you are not happy with regards to how your issue, complaint or concern has been dealt with by the Class Coach or you have not achieved a satisfactory resolution, you can contact The Head Coach of the North East Ju-Jitsu Kobudo Association to further address your issue.
- If you share any confidential information with your Class Coach, they will discuss with you how this information may be shared in the interest of yourself or your child. This may be for example one other Coach & the welfare officer; this will become a circle of trust to ensure your confidentiality.
- Any information you provide will be treated confidentially & will be used for purpose registration, insurance, in line with policies & procedures and Governing Body requirements.

We expect all Parents to follow the code of conduct including the guidelines and behaviour within The North East Ju-Jitsu Kobudo Association. If any parent behaves in a way which contradicts any of the points set out in this code, we will address the problem straight away with and aim to address & resolve the issue.

Continued issues and repeated breaches of this code may result in us regrettably asking you to leave permanently, for the welfare of children, young people, Adults & The Coaching Team. This is something we never want to do.

Within NEJJKA we want your child to excel, enjoy & interact in their class. Ask for help & assistance when required and ask questions if they do not understand what they are being taught. Your Class Coach is there to teach, help & support your child in their achievements & development within their martial arts practice.

As a parent we want to assure you that we will aim to provide your child with an engaging & enjoyable experience as they participate in martial arts under The North East Ju-Jitsu Kobudo Association.

**Welcome to The North East Ju-Jitsu Kobudo Association.**

**The North East Ju-Jitsu Kobudo Association Contacts:**

**NEJJKA Head Coach:** Miss Dorothy Adamson: 0191:4559291

**NEJJKA Welfare Officer:** Miss Julie Anderson BA (Hons): julieniamh17@icloud.com