

North East Ju-Jitsu Kobudo Association

Code of Conduct & Ethics

For

Black Belt Coaches



Inspire

Motivate

Empower

NORTH EAST JU-JITSU KOBUDO ASSOCIATION

CODE OF CONDUCT & ETHICS FOR COACHES

This code applies to all Coaches involved within The North East Ju-Jitsu Kobudo Association at all levels including The Head Coach, Senior Coaches, Black Belt Coaches & Student Instructors.

All Coaches play a critical role in the coaching of martial arts within The Association & in the lives of the children, young people & adults of whom they coach. All Coaches should aim to ensure that all participants have a positive experience so that they are more likely to continue to achieve their potential.

Coaches must demonstrate a high degree of integrity honesty & competence. Coaches must respect the rights, dignity and worth of all students & nonstudents alike treating everyone equally within the context of the activities & events.

The need for all Coaches to understand & act on their responsibilities is vital in their role as a Coach within NEJKA as is the need to promote a good safe welcoming environment for all participants. To be aware of the various needs of participants. Ensure good safeguarding practice to protect everyone from all forms of abuse within The Association & outside The Association. Promote the positive aspects of martial arts practice within The North East Ju-Jitsu Kobudo Association.

As Coaches we must also promote equity within our martial art & our classes, that we do not discriminate, we promote inclusion to all, allowing all members of society access to our activities to achieve their potential.

As Coaches within The North East Ju-Jitsu Kobudo Association it is important that we all maintain the highest possible standards of behaviour & conduct with all our fellow Coaches, participants & nonparticipants and within all our activities & events. Always promote our classes and The Association in positive way. Always implement good coaching practice.

Code of Conduct for Coaches

Personal Conduct & Development

- Respect the rights, dignity & worth of all participants & nonparticipants always and treat everyone equally.
- Abide by & implement the guidelines & policies of The North East Ju-Jitsu Kobudo Association & any related Governing Bodies.
- Seek Continuous Personal Development (CPD) opportunities to develop your coaching skills, knowledge & required qualifications as part of your coaching requirements for your personal growth & development and inline with your Organisation & other Governing Body requirements for Martial Arts Coaching.
- Be appropriately qualified for your role by obtaining your Enhanced DBS Clearance, taking the relevant Coaching Training programs, obtaining & keeping up to date your Pro-Indemnity Insurance Cover, risk assessment, first aid certificate, safeguarding certificate, coaching update courses & any training or qualification relevant to future roles & position.

- Promote good coaching practice in others & challenge any poor practice you observe.
- Create an environment free from fear or harassment & do not allow any form of discrimination go unchallenged.
- Do not publicly or quietly criticise or engage in demeaning description or other negative conversations of fellow Coaches and participants & nonparticipants or NEJJKA but be discreet in any conversations if issues arise & deal with these issues appropriately.
- In the event of any dispute or issues rising between fellow Coaches, students, parents/guardians or any other bodies always aim to resolve these issues in a amical manner or contact The NEJJKA Head Coach who will implicant procedures to aid in resolving these issues.
- Develop appropriate working relationships with students based on mutual trust and respect especially with these under 18 years or vulnerable adults.
- Always ensure that whatever your roll within NEJJKA that you always have the correct attire at your class for coaching. At official events such as gradings, competitions etc the correct & appropriate uniform is worn to conduct gradings or any other events where official representation is required. NEJJKA Wear should be worn at all official events to represent the Association, the club & too clearly show your role & representation as an official at these events.
- Actively promote the positive benefits to all of participation in martial arts practice within your class including the contribution it makes to achieving, improved health & wellbeing as well as the many other benefits for children/young people & adults.
- Contribute to development of all coaches within your class by contributing your skills & knowledge along with NEJJKA to help all Coaches fulfil their full potential.

Class Conduct

- Always treat everyone fairly & sensitively regardless of their gender, ethnic origin, cultural background, sexual orientation, religion, political affiliation, or ability and build a relationship based on openness, honesty, mutual trust & respect.
- Must be fair, honest & considerate to all participants & nonparticipants in their activity.
- Display high standards in use of language that is always appropriate, manner, hygiene, punctuality, preparation & organisation of your class.
- You should always aim to be a positive role model for all your students.
- Ensure that you implement all the required policies & guidelines with regards to the running of your class including good practice & safeguarding measures.
- All students are registered with the required insurance cover in place & all beginners complete an induction form lasting for a period of 4 sessions.
- Ensure the class environment is safe as possible, minimising risks & check all equipment is safe for use.
- Abide by your Risk Assessment regarding health & safety, first aid, safeguarding & safe practice & update as appropriate.
- Ensure that proper supervision is provided in your class by suitably qualified coaches for the number of students in your class.
- Always promote safe & correct practice with all participants in your class.

- Be aware of the physical needs of all participants (especially at the development stage) & the needs of children and young people & ensure that training loads & intensities are appropriate to all.
- Be prepared to adapt lessons to meet the needs & abilities of different participants.
- Ensure good communication with all participants & nonparticipants regarding class attire, their safety & welfare, class announcements & forthcoming events.
- Ensure you & your coaching team are prepared to act in the event of an emergency evacuation procedure.
- Communicate with & provide feedback to participants in a way that reflects respect & care and constructively aids to improve the participant.
- Always ensure where physical contact is required, it is appropriate & necessary and is carried out within the recommended guidelines of safe practice with the participants full consent & approval.
- Encourage participants to attend other venues for extra lessons but do not assess their students for Gradings unless it has been requested by that Coach.
- A Coach must strictly maintain a clear boundary in their relationship with all their students. Coaches are in a position of power & trust in relation to their students & must be careful that they do not put themselves in a position which may be deemed guilty of abusing this position.
- In the event of participants disclosure, discuss what information is confidential & how you may have to share this information to a closed circle, i.e. selected coaching team members, the Welfare Officer, NEJKA Head Coach.
- In the event of disclosure regarding safeguarding act accordingly in line with your safeguard training & contact The Welfare Officer as soon as possible.
- To communicate with participants, parents/guardians in a calm respectful & professional manner should any issues arise regarding bad or inappropriate behaviour, disruptive behaviour, bad or dangerous practice, disrespectful behaviour or any issues regarding safety & welfare of an individual or group.
- To assist, help, support or act upon any questions, enquiries or issues that may arise during or after the class with participants or parents/guardians.

Using the Code of Conduct & Ethics

Being a good Coach means your willingness to grow, learn & develop and to embody all the positive aspects of being a Coach. You are many things: a teacher, a mediator, a positive role model, someone who empowers children & adults, someone who embraces their values & integrity in their martial arts coaching.

You are responsible for the wellbeing, safety & welfare of all students who attend your class. Embracing good practice through your coaching is integral, always ensure safeguarding procedures & health & safety in your class for the welfare of your students.

As a Coach year by year you will grow, improve & become better. Always keep your qualifications appropriate to level you Coach & always seek continuous personal development (CPD) to develop your coaching skills and knowledge within North east Ju-Jitsu Kobudo Association.

This Code provides a guide or pathway to better us, as Coaches & individuals, embracing the best of being a Coach that must be implemented within The North East Ju-Jitsu Kobudo Association.

